

Traveling with CPAP & Medical Devices

Brought to you by Life & Luggage with CLL

Travel Light, Carry Love, Keep the Rhythm

CPAP machines, insulin pumps, and other medical devices are essential for many travelers. With the right prep, you can fly with confidence and keep your devices safe.

Before You Fly

- Request medical assistance with your airline at least 48 hours in advance.
- Ask your doctor for a travel letter explaining your need for the device.
- Pack extra supplies: tubing, filters, extension cord, and adapters.

At the Airport

- Keep your CPAP and medical devices in your carry-on (not checked baggage).
- TSA allows medical devices through security, but they may need extra screening.
- Label your device as 'medical equipment' for smoother processing.

On the Plane

- Some airlines allow in-flight use of CPAP—check policies ahead of time.
- Bring a battery backup if using the device in-flight (not all planes have outlets).
- Use a travel case to protect equipment from bumps and spills.

Quick Tips

- Always carry a copy of your prescription when traveling with devices.
- Pack extra supplies in case of delays or lost luggage.
- Store medical equipment in a waterproof pouch inside your carry-on.

