

Embassies & Emergency Numbers Cheat Sheet

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Travel Light, Carry Love, Keep the Rhythm

When you're abroad, knowing who to call in an emergency can save precious time. Keep these numbers handy and share them with your travel companions.

U.S. Embassies & Consulates

Find your nearest embassy: <https://www.usembassy.gov/>

Local Emergency Numbers by Region

- Europe (EU): 112
- United Kingdom: 999 (emergency), 111 (non-emergency medical)
- Australia: 000
- New Zealand: 111
- Canada: 911
- Japan: 110 (police), 119 (fire/ambulance)
- Mexico: 911

Travel Insurance & Assistance

- Call the emergency number on your travel insurance card.
- Some credit cards provide 24/7 travel emergency support.

Quick Tips

- Save numbers in your phone AND keep a paper copy in your wallet.
- Know the address of your nearest embassy or consulate.
- Ask your hotel or host for the local emergency number on arrival.

