



# Christine's Cruise Checklist

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*Travel Light, Carry Love, Keep the Rhythm*


## 1. Documents & Logistics

- Passport / photo ID
- Boarding pass & luggage tags (print or digital)
- Health insurance card & medication list
- Credit cards + small cash
  - Copies of important documents (digital or separate)
- Lanyard or badge holder for ship card

## 2. Cabin Essentials

- Non-surge power strip (cruise-approved)
- Refillable water bottle
- Small flashlight or nightlight
- Ziplocks (wet swimsuits, snacks, leaks)
- Laundry bag / collapsible tote
- Reusable day tote for excursions
- Motion sickness remedies

 Pro tip: Keep everything together in a waterproof folder in your carry-on—you'll need it before your luggage arrives.


 Ship doctors are available for minor issues and emergencies. Not free—but reliable, so don't panic if you forget something.

## 3. Clothing & Theme Nights

- Casual outfits for daytime
- Swimwear + cover-ups
- Dressy outfits (formal or theme nights)
- Comfy walking shoes - Sandals / flip-flops
- Light jacket or wrap (deck nights get breezy)
- Hat & sunglasses

## 4. Toiletries & Health

- Prescription meds (original containers)
- Mini first aid (Band-Aids, pain relief, stomach meds)
- Sunscreen & SPF lip balm
- Bug spray (tropical ports!)
- Travel-size shampoo, toothpaste, etc.
- Hairbrush, makeup, personal care items

 Some cruises go wild with theme nights—pack a small accessory or outfit if you want to join the fun.






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## 5. Excursion & Day Trip Gear

- Daypack or crossbody bag
- Waterproof phone pouch
- Portable charger & cords
- Lightweight poncho or umbrella
- Snacks for port days
- Local currency if needed
- Binoculars (Alaska = chef's kiss )

## 6. Optional "Nice-to-Haves"


- Book / e-reader – some ships have a library
- Travel games or cards  
– some ships have these already check
- A few favorite snacks
- Sewing kit or safety pins
- Travel mug or tumbler (ship cups are hilariously tiny)

## What NOT to Pack:

- Hair dryer (cabins have them)
- Beach towels (provided)
- Irons/steamers (prohibited)
- Full-size toiletries (space + leak risk)

## Bonus: Leave These at Home

- Surge-protected power strips
- Irons / steamers
- Excessive valuables
- Appliances or oversized coolers
- Half your closet "just in case"

 Christine's Golden Rule: If the ship provides it, don't pack it.

Save that luggage space for souvenirs... or an extra pastry (let's be honest). 